

## Air Force Fitness Testing

Please read below guidance regarding Fitness Assessment testing and disseminate to your unit representatives. MacDill AFB Fitness Assessment Cell staff will work with squadron UFPMs to update AFMMS II for members who are due in March, April and May 2020.

### **Part I – Fitness**

Effective 17 March 2020, all Official Fitness Assessment Testing is cancelled until June 2020.

- Members who are due for their Official Fitness Assessment in March will test in 6 months, September 2020
- Members who are due for their Official Fitness Assessment in April will test in 6 months, October 2020
- Members who are due for their Official Fitness Assessment in May will test in 6 months, November 2020

FACs must ensure that AFMMS II is updated to reflect a Commander Composite Exemption on each member who is due for their Official Fitness Assessment in March, April and May. FACs must also ensure the expiration dates reflect the same due dates indicated above to prevent members going into a non-current status.

Fitness Testing will resume on 1 June 2020 unless further guidance is published

### **Part II – Fitness Testing and Promotion**

If Airmen are unable to complete their Fitness Assessment due to the COVID-19 restrictions, the unit Commander may place the member in a Composite Exemption following the guidance above.

If the Airmen's previous Fitness Assessment was a failure, the unit must submit an Exception to Policy (ETP) request signed by a Wing Commander or equivalent in order for the Airmen to be eligible for promotion. [https://mypers.af.mil/app/answers/detail/a\\_id/46625](https://mypers.af.mil/app/answers/detail/a_id/46625)