## Behavioral Health Optimization Program (BHOP) (813-827-CARE)

The primary goal of BHOP is to improve the quality of behavioral healthcare through improved access to behavioral healthcare for all beneficiaries. BHC services are appropriate for use with a wide range of problems, to include, but not limited to; individuals experiencing the stresses of daily living (family conflicts, job stress, grief, or life-planning issues), those with mental health conditions (depression, anxiety, or anger issues) and those with chronic medical conditions (pain, insomnia, diabetes).

Contact Us Telephone: <u>813-827-CARE</u>